

Keeping the Balance with Kids

You need to sit down and start with a conversation with your husband about what he is willing to do. Then you need to hire a cleaning lady. Carpool to kids events as much as possible...this will give you uninterrupted phone time or time to go to an appt. If you let your husband and family know that this is a commitment and make decisions that way then they will respect it more too. Decide before you do anything... “do I really need to do this or can my husband or the kids do it on their own?”

If you volunteer in schools, make a decision of whether it will be quality time with your kids or just busy work in the school. If it doesn't involve them like field trips and helping with parties then don't do it.

Do laundry on the weekends or in the morning before work time.... have the kids put their own clothes away.

Dinner isn't always a full course meal.....sometimes it can be quick and easy as long as the family understand that you work hard during the week to play hard on the weekends. If you have young children, ask your husband to help the kids with their homework while you prepare dinner. If your kids are older, they can work on homework independently while you work on dinner. Let them know you are there if needed.

Make your family first but do set MK as a priority...you still have a job to do!! I just takes deciding when to work, not IF you are going to work. Having clear goals will make all the difference too. If you only want to profit \$100 a week then once you are done then you can take off the rest of the week.....but if you have a goal to be a Director, then you will need at least 3 nights of phone time or appointment time. Schedule your time out and if you respect your time then your family will too. If you decide to not go to a meeting because you have no guests then the next time they just want you home they will ask if you have any guest then play on you to stay home. You have to prove your professionalism too. Put 100% of yourself into your “work-time” and 100% of yourself into your “play-time” and it will **BALANCE!!!**