

Children and Guilt

Lose the guilt...it only distracts you from giving to your children what they really need and that's a confident mom. Don't use the term "taking time from them" because more than likely you wouldn't have been sitting on the floor with them...you'd be cleaning, doing laundry, watching a soap, etc. Quality time is 100% better than quantity, especially when you feel good about yourself!!

The extra money you make will provide them and you with more choices...like what time of extra-curricular activities that you can afford them to do. Playing the tuba can be expensive and so is baseball. Diapers may cost money but wait until they want a surf board, motorized go-ped, go-cart, basketball goal, aggressive inline roller blades plus the speed ones for hockey. Don't forget all the safety gear you have to purchase and then there's the doctor bills for stitches and broken arms plus their yearly physical is about \$200. And those are just the boy costs..girls are more extensive because fashion is important. Not say that Abercrombie shorts at about \$60 a pair aren't expensive.....oh and the food for your teens....and ALL their friends. Money does pay for the extras too.

As for the scheduling- If you don't work then what's the problem :)oh yeah.... the guilt. Remember that you are rarely ever away from home for more than 3 hours at a time and you can book at your home with your kids playing in the other room with your guests' children. Don't forget DAD! Husbands can help out, too, when possible. Try to coordinate your schedules so that you can book appointments and ALWAYS attend weekly training meetings (AND BRING GUESTS!)

Decide what you want first.
Then map out the plan to get it.
2 classes=4 interviews=1 new recruit
10 names=1 class and a couple of facials

Mary Kay never wanted us to sacrifice our families for our success but that doesn't mean being a 'smothermother'. You can enjoy your family while having a 5-20 hour a week business. Putting family-first can get many of us in trouble. Putting your family first doesn't mean cooking a meal every night... but having the groceries there is good! Putting your family first doesn't mean never getting a babysitter! Babysitters can be fun for kids – pizza and movie night with someone other than mom! If kids get clingy, it's *usually* because mom hasn't left them *enough* for them to be comfortable with knowing that mom will always be back before they know it.

Just remember to find a way or make away and never use the kids as excuse--they are your reason! Children can be so encouraging if you include them in your goal-setting process and get them on board with you!! Your kids can be your business partners; let them help you in your office. They will see you reach goals and miss goals and they will see how you hand both defeat and success. That teaches so much more than words can!!